# Empowered

By Lauren Wood

#### She is fearless

Like the baby robin that takes its first hesitant step out of the comfort of its nest
Looks below and sees this daunting, twisted world
Yet, nevertheless, spreads its wings

### She is resilient

Like the timid bud of a flower after a biting winter

Peeks through the earthy soil only to be met by rocks, wind, and resistance

Yet, despite adversity, sprouts and blooms

## She is gentle

As the morning dew that anoints the tips of the blades of grass

Invites every creature to gather in awe and rejoice in the glorious coming of a new day

Then fades and leaves no trace of its presence

She is mysterious
As the creeping night that envelops all in its shadowy clutches
Scatters myriad stars against its backdrop
Then teases the sun back into place every morn

She is rare

Just as a single, unexpected moment

Seems never-ending in its simplicity

And still is over as quickly as it came with only a lingering memory of its charm remaining

### She is breathtaking

Just as the marvelous, swirling hues and tones that comprise the sun's morning ascent Captivate onlookers and render them speechless with only a dash of pink or a hint of gold And charge the air with a thousand sounds of shattering silence

She is all of this and infinitely more

She is untouched by those forces that seek to suppress her

She is an undying light, an eternal flame

She is empowered.