BABY LAP GAMES

INFANTS AND TODDLERS

"GOING TO..."

Bounce child gently on your knee while you recite the rhyme. With toddlers you may be able to recite the rhyme and make the movements together.

Going to Texas (or another 2 syllable place): Trot, trot! (Gently move the baby's arms as if he or she is holding the reins of a horse)

Going to Texas: Trot, trot! Going to Texas: Trot, trot! Then we're going home.

Going to New York (or another 2 syllable place): Choo, choo! (Gently move baby's arms in a circular fashion like train wheels, then as if pulling the train whistle on the "choo choo.")

Going to New York: Choo, choo! Going to New York: Choo, choo!

Then we're going home.

Going to London (or another 2 syllable place): Zoom, zoom! (Gently spread baby's arms like an airplane, then turn to each side on the zooms.)

Going to London: Zoom, zoom! Going to London: Zoom, zoom! Now we're heading home.

Zoom! Zoom! Choo! Choo! Trot! Trot! Whew! Now we're back at home. (Hug baby.)



"WHAT ARE YOU WEARING?"

Vary the colors for what you and your child are wearing.

Note: Even though children often do not begin observing color until late 2s and 3s, this is a way to cuddle with little ones who mostly enjoy the expressions of a caregiver and the special time on the lap. Infants often enjoy exaggerated expressions and the sing-song vocal intonation.

Mommy's (or Teacher's) wearing red. Is (child's name) wearing red? No, (child's name) is not wearing red.

Mommy's (or Teacher's) wearing green. Is (child's name) wearing green? Yes, there it is!

(Give a little tickle or do a funny twirl with

(Child's name) is wearing blue. Is mommy wearing blue? No, mommy (or Teacher) is not wearing blue.





